Missed Class Make-up Sheet

When you miss a Comprehensive Health and P.E. class, you miss a lot! It is impossible to re-do the class, but like other classes you will have make-up work to do. Your make-up activity needs to fall under one of the four State Standards.

*Please check mark the box(s) that applies to your make-up work.

- ☐ Standard 1: Movement Competency & Understanding
- ☐ Standard 2: Physical & Personal Wellness
- ☐ Standard 3: Emotional & Social Wellness
- ☐ Standard 4: Prevention & Risk Management
- ☐ I have checked with my teacher on any other assignments missed.

Each activity should be at least 60 minutes of high activity. Please have a parent or guardian sign to verify you did the activity. Turn in this sheet within two weeks of the day you missed to be excused from class.

NAME _____ CLASS PERIOD _____

DATE(S) YOU MISSED CLASS_____DATE DUE: Within two weeks of the absence.

DESCRIPTION OR SUMMARY OF THE ACTIVITY

(Your make-up grade will be based on your detailed explanation and how it meets the state standards)

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

(Use the back of this sheet if necessary or attach your own paper)

_____ Student Signature

_____ Parent/Guardian Signature